

▼ 5.0 Study Timeline Overview

- **Day 0** – Enrollment (Consent + Medical History).
- **Baseline (Week 1)** – Lab + Shipping.
- **Day 30** – Progress Survey.
- **Day 60** – Progress Survey.
- **Day 90** – Progress Survey.
- **Day 120** – Final Survey + Final Lab.
- **Post-Study** – Testimonial.

▼ 5.1 Form Library (Quick Access Index)

Phase 1 – Intake & Consent

- HIPAA Consent & Testimonial Authorization

[Study Information & Consent \(1\).pdf](#)

- Study Information & Consent

[Study Information & Consent \(1\).pdf](#)

- Medical History Form

[Form 3_ Medical History \(1\).pdf](#)

- Blood Lab Scheduling (Baseline)

[Blood Lab Scheduling.pdf](#)

Phase 2 – Setup & Confirmation

- Blood Test Confirmation (Baseline)

[Blood Test Confirmation.pdf](#)

- Shipping Information Form

[Shipping Information.pdf](#)

Phase 3 – Ongoing & Final

- 30-Day Progress Survey

[30 Day Progress Survey.pdf](#)

- 60-Day Progress Survey

[Form 6B_ 60 Day Progress Survey.pdf](#)

- 90-Day Progress Survey

[Form 6C_ 90 Day Progress Survey.pdf](#)

- 120-Day Final Survey

[120 Day Final Survey \(4\).pdf](#)

- Final Blood Lab Scheduling

[Form 7. Final Blood Lab Scheduling.pdf](#)

- Final Blood Test Confirmation

[Form 7. Final Blood Lab Scheduling \(1\).pdf](#)

- Testimonial Submission

[Testimonial Submission.pdf](#)

- Study Withdrawal Form

[Withdrawal Form.pdf](#)